



# Holmdel Park

Longstreet Road, Holmdel, NJ

(732) 946-9562

www.monmouthcountyparks.com

## TRAILS

Especially well known to cross-country runners, Holmdel Park has more than 10 miles of trails for walking, hiking, running, equestrians and bicyclists. Please stay on marked trails, plan your route, take a trail map with you, and wear appropriate safety gear. **NOTE: At a brisk pace, it takes approximately 20 minutes to walk 1 mile (1.6 km).**

## TRAIL KEY-NORTH SECTION

Restricted-Use Trails, Foot Traffic Only (bicyclists/equestrians restricted to roadways and lots)

PAVED TRAIL: A 0.5 mile (0.8 km) short paved loop for walkers and strollers.

- **POND WALK:** An Easy 0.4 mile (0.6 km) loop around the lower pond.
- **BEECH GLEN:** Ideal for family walks, this Easy wooded trail is 0.5 mile (0.8 km).
- **MARSH TRAIL:** This Easy trail features long boardwalks over marshy areas, and travels past a wildlife viewing area for a 0.8 mile (1.3 km) walk.
- **RIDGE WALK:** At 1.2 miles (1.9 km) this Easy loop trail offers a longer walk through the heart of the park. A 0.22 mile (0.35 km) extension breaks the loop in half.
- **CROSS COUNTRY TRAIL:** This Moderate trail is especially well-suited for runners and offers a good workout at 3.1 miles (5 km); requires some travel along other trails.
- **HIGH POINT TRAIL:** This 0.6 mile (1 km), Moderate loop trail intersects with the Cross Country, Marsh and Ridge Walk trails.
- ♥ **FITNESS TRAIL:** This self-guided loop trail with exercise stations starts at Beech Glen. Follow signs to complete a 0.8 mile (1.3 km) workout.

## TRAIL KEY-RAMANESSIN SECTION

Multi-Use Trails, Open to All Users

- **RAMANESSIN TRAIL:** At 2.1 miles (3.3 km), this Moderate trail offers a good, long hike or run alongside Ramanessin Brook.
- **STEEPLECHASE TRAIL:** At 1.4 miles (2.2 km), this Moderate trail follows many of the site's old farm routes and offers vistas of field and forest.
- **HOMESTEAD TRAIL and FERN PATH:** At 0.25 mile (0.4 km), both of these short, picturesque Moderate trails provide users with a place to cross over between the longer trails.



## Trail Standards

- **Easy:** short, well-maintained or paved trails intended for casual walking
- **Moderate:** longer trails with some grades/obstructions; intended for hiking (may be suitable for some walkers and runners)
- ◆ **Challenging:** long, more primitive trails with steep grades/obstructions; intended for hardy experienced hikers, equestrians, and all-terrain bicyclists

## LEGEND

- |                   |                    |                      |
|-------------------|--------------------|----------------------|
| ■ Building/Office | ⋯ Maintenance Road | 👁 Viewing Area       |
| 🌲 Wooded Area     | — Paved Road       | 🏠 First Aid          |
| 🌳 Field/Clearing  | 🌉 Bridge           | 🎣 Fishing            |
| 🟦 Lake/Pond       | 🚶 Boardwalk        | 📄 Vending Machines   |
| 🌿 Wetlands        | 🗺 Visitor Center   | 🌳 Arboretum          |
| — Property Line   | 🅑 Parking          | 🏂 Ice Skating        |
| 🌊 River/Stream    | 🚻 Restrooms        | ❓ Information        |
| ⋯ Easy Trail      | 🚽 Portable Toilet  | 🍷 Picnic Tables      |
| ⋯ Moderate Trail  | 🎡 Playground       | 🏠 Picnic Shelter     |
| — Paved Trail     | 🛷 Sledding         | 📍 Trail Head         |
| ♥ Fitness Trail   | ☎ Telephone        | ♿ Handicapped Access |
| 🌳 Nature Trail    | 🎾 Tennis           |                      |

